

Aikido Seminar

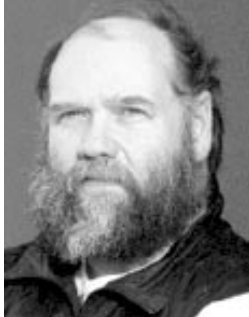
MOUNTAIN WARRIOR INSTITUTE, LLC

Of Boulder Colorado Presents

LARRY NOVICK and BOB WING

*TOPICS will include: Kinesthetic Invisibility;
Allowing Uke To Lose Her Balance Through Avenues Of Release;
Smaller Movements - Bigger Effects; Quick Fixes - Chronic Problems.*

Larry Novick is the head of the independent ACE Aikido dojo in Santa Monica, California. He has been practicing Aikido for twenty-five years, and has trained in Brazilian jiu-jitsu and Hapkido as well. He has a Ph.D. in Clinical Psychology and is an educational consultant and Shamanic Practitioner. He is also a published author, accomplished musician, composer, and recording artist. ACE Aikido brings it's own flavor to Aikido practice, working with the "Awareness of being Centeredly Extended (ACE)".



Bob Wing is the chief instructor of the Naropa University Aikido Club in Colorado, where he has taught for 25 years. He holds a master's degree in theology, is an artist, counselor, Trager therapist, and seminar leader, and teaches with deep knowledge, joy, understanding, humor, and openness. He studied calligraphy with Barbara Bash, and has taught brush workshops nationwide. Dedicated to the enhancement and transformation of art and warriorship, he is currently working on his doctorate in theology. He studied Aikikai under Ikeda Sensei and Ki Aikido under Kashiwaya Sensei and also Kendo and other martial arts.

Seminar to take place on Friday Night, May 25, 2007 at Way of the Crane Dojo, 1925 55th Street, Boulder, CO from 7:00 PM to 9:00 PM and Saturday May 26, 2007 from 1:30 PM to 5:30 PM. Class Saturday Morning 9:00 AM to 12:00 PM location to be announced. Graciously hosted by Boulder Ki Aikido.

Costs of the Seminar: Friday Night only \$15. Saturday only \$75.

Full Seminar \$85. Student (full-time) rates: Friday Night only \$10.

Saturday only \$45. Full Seminar \$50. (Family, group, reduced rates and need-based scholarships available.)

For inquiries please contact Jon Miller 303-447-0070 and jon.jonmiller@gmail.com.

Application and Release

In consideration of being accepted as a participant at this aikido seminar, I agree to release from liability and to hold harmless Larry Novick, Bob Wing, Abel Villacorta, Jon Miller, Mountain Warrior Institute, LLC, Way of the Crane Dojo, Boulder Ki Aikido, and StreetWize, and any of their agents or employees from personal damage, mental, physical, or emotional, or loss of any kind, including but not limited to personal injury or property damage resulting from accident or negligent act or omission of any of the above-mentioned activities arising out of Seminar training sessions or instruction, including but not limited to aikido, martial arts, and any and all other participation. I further state that I understand the risk of injury inherent in the practice of martial arts, including but not limited to aikido. By signing below, I agree to assume those inherent risks.

Signature: _____ Date _____

Signature: _____ Date _____
Parent/Guardian (if under 18 years of age)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Country: _____ E-Mail: _____

Telephones: _____

I will be attending _____ Friday Night; _____ Saturday; _____ All

I am enclosing a check or money order for \$ _____ made out to:

Mountain Warrior Institute, LLC
C/O 1790 30th Street, Suite 280
Boulder, CO 80301

Please see: www.mountainwarrior.net and www.aceaikido.com